



# Assisteens LA

## GET COMMUNITY SERVICE HOURS!

Assisteens is a membership group of Assistance League<sup>®</sup> of Los Angeles, one of the longest running charities in Southern California. The League's programs have provided services for impoverished, homeless and foster youth for more than 100 years.

Established in the 1930s, Assisteens encourages the children of League members to actively participate in community outreach projects. Over the years, Assisteens has grown exponentially and includes more than 100 parents and teens; providing them with opportunities to develop a sense of community, philanthropy and leadership.

**Membership in Assisteens is open to students in grades 7-12** who are looking for opportunities to help others and obtain community service hours. All students would join with a parent or guardian.

**Colleges ideally want to see a four-year commitment to a single organization. Assisteens offers opportunities to obtain officer positions to demonstrate leadership skills for college applications.**

Service hours may be obtained by attending monthly meetings during the school year and/or via remote and in-person projects with the League's Foster Children's Resource Center, Preschool Learning Center, Operation School Bell, Theater for Children, and Bright Future Scholarships programs.

**Who can join? Boys and Girls grades 7-12 and their parents or guardians.**



*Learn more at : <https://assistanceleaguela.org/auxiliary/founders-assisteens/>  
OR Contact Senior Director of Membership and Community Engagement Kai Tramiel  
[ktramiel@assistanceleaguela.org](mailto:ktramiel@assistanceleaguela.org)/323-545-4847*

## A tradition of service from generation to generation.



**Assisteens have a variety of activities to choose from including but not limited to:**

- Making no-sew blankets via the Assisteens' Blanket Bin Program for children who are in foster care or experiencing homelessness. Bins of materials are available for check out, so students may earn community service hours by making no-sew blankets from the comfort of their own homes.
- Supporting the Preschool Learning Center by working on the Kindness Initiative as a Virtual Pal, reading to preschool boys and girls.
- Supporting seasonal celebrations for the League's Preschool Learning Center by preparing for Fall, Winter, Spring holiday events and the annual graduation ceremony.
- Assisting with preparing backpacks of clothing and hygiene kits for Operations School Bell
- Preparing College Care Packages for the Bright Future Scholarship program recipients.
- Ushering at the Theater for Children on Sundays in the Fall and Spring and/or assisting with producing virtual productions.



### How to Join Assisteens:

If you would like to learn more about our enthusiastic Assisteens group, please email us at [ktramiel@assistanceleaguella.org](mailto:ktramiel@assistanceleaguella.org)